Has Your Child Been Referred to Mental Health Treatment?

Researchers at the University of Pittsburgh and the ETUDES Center are researching ways to motivate youth to attend their first mental health treatment session in this research study. Volunteers will be asked to use a text messaging tool called Text2Connect (T2C) for a short period of time until they attend their 1st session.

Volunteers will also be asked to participate in answering questions about mood and feelings on the phone at 3 visits: First to onboard the T2C tool onto the youth’s phone, then 4 weeks and 12 weeks following enrollment into the T2C study.

T2C is a self-managed, personalized, and automated text message intervention that will provide messages aimed at increasing a teen’s motivation to attend treatment.

Your child may qualify if they:
- Are 12-17 yo
- Own a cell phone with text message capability
- Have been referred to embedded mental health treatment
- Screen positive for depression or suicidal thoughts on the PHQ-9

Ask your doctor for more information at your office visit today!

Contact the ETUDES Center & T2C Research Staff
Brandie George-Milford
412-246-5629
etudes@upmc.edu

Volunteers will be compensated.