Do you have a child who is 12-18 years old?
We want YOU to participate in a Focus Group for Parents of Adolescents!

What is the Focus Groups for Parents of Adolescents Sleep study?
The Focus Groups for Parents of Adolescents Sleep Study ("Focus Groups for Sleep Intervention Development") is a research study being conducted by researchers at the University of Pittsburgh. It is focused on obtaining feedback from parents of adolescents as we work to develop an intervention to help adolescents get more sleep.

What is involved?
The study will ask that you to participate in three focus groups. During these groups you will be asked to provide your feedback on the components of the proposed sleep intervention, as well as helping us learn what might make the intervention program more successful.

Why participate in the Focus Groups?
- You will receive $25 for each focus group in which you participate!

How do you learn more?
- Please call Dr. Jessica Levenson at the University of Pittsburgh at (412) 647-7937.